

## **Patient Instructions After Nail Surgery**

1. Two to four hours after surgery, soak your toe with bandage ON for ten minutes. Soak in a sink or basin with warm water with 2-3 tablespoons of Epson Salts added to the water.
2. Soak your toe again in four hours with the bandage ON.
3. The next morning, remove the bandage.
4. Soak your toe for 10 minutes. After soaking, dry and cover with a Band-Aid. Do this three times a day. Soaking is important to promote drainage and prevent infection.
5. Do NOT use antibiotic ointment or cream, i.e. Neosporin. It will clog the site and inhibit drainage.
6. Continue soaking until instructed otherwise by the doctor.
7. With proper care, your toe will be healed in 3-6 weeks.
8. If there are any signs of infection (pus, redness, increased pain), call the office immediately.

*This information is intended as an educational guide only and is not intended to substitute the medical care or explanation by your doctor. If you have any questions, please contact our office.*

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